

## QUIT SMOKING

Quit Smoking is the #1 favorite search phrase for a smoker who is looking for help on the Internet. Unfortunately, in my opinion, most of the searches result with sites promoting pharmaceutical aids which rarely help for permanent smoking cessation.

I hope the smokers of the world soon learn that they can easily be free of this Machiavellian consumer product – a product that murders five million people per year. The word murder is used because; if smokers knew how easy it was to be free of the mistaken beliefs they have been brainwashed into believing, and how easy it is to break from the addictive qualities of tobacco – none of them would allow this to be their destiny.

Death is too great a penalty for a little bit of childish rebellion – especially when that rebellion is allowed to be seen done by music and movie idols for children to imitate.

**Garrett G. Buttel, M.A., CH**  
SolvingTheSmokingPuzzle.com